



You can be a girl of blessing!

Have you ever heard, read, or said the word "blessed"? Mark your response on the line below.

Never All the time

Maybe you've heard blessed often, maybe not. It's a word that matters. Because once you know what a blessing is, you can be a girl of blessing! A girl who changes the world by looking up and blessing God and reaching out to bless others. Dig in and discover what being a blessing is all about!

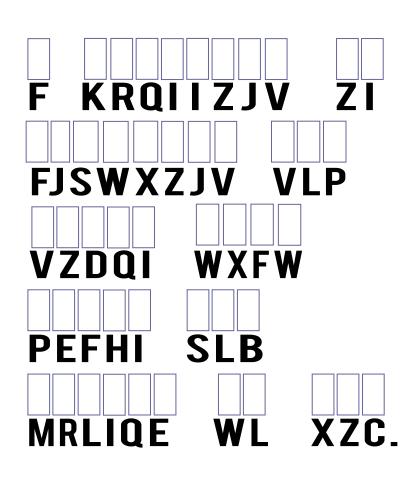




WHATIS A BLESSING?

Some people say they are blessed when their team wins, blessed when their birthday rocks, or blessed when they had the best weekend ever. But what does blessed really mean? Decode the message by changing the letters, as indicated in the code box.

FROM	Ţ0
F	A
K	B
M	C
P	D
Q	E
V	G
X Z	H
A	J
R	L
C	M
J	N
Ĺ	Ö R
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W	T
B	Ú
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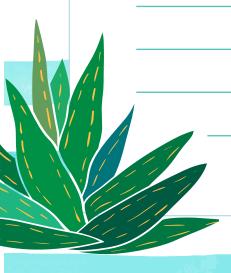


GOD'S WORD IS TRUTH

2 Corinthians 9:8 is found in God's Word, the Bible. Read the verse below and then follow the three instructions.

And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work. 2 Corinthians 9:8

- 1. Circle the name of the Blesser. He is the abundant Giver of life, breath, and everything else. He loves you very much and is not stingy with His blessings!
- 2. Each time you see the word "you" write your name above it. Read it aloud personalizing the verse with your name!
- 3. Complete this sentence. In my own words, 2 Corinthians 9:8 means...



What are your blessings?

You might feel blessed if you get a new phone or if you make the team. But what if things aren't going your way? Are you still blessed?

The simple answer? Yes.

Sometimes God blesses us with people, things, and experiences. And sometimes, He doesn't. But no matter what, He is the best blessing! God loves you and promises never to leave you.

And when you remember that, you can look at everything else a little differently. Is a phone a blessing? What about a stubbed toe or having to be away from your friends for a very long time? If your response to those things is that you draw closer to God, it's a blessing!

Think about your life. Write the answer to each question inside the shapes below.



What is your sweetest memory?

What is your greatest fear?

What is something unique about you?





Jesus—Your Best Blessing!

Jesus is God's Son. There is no greater blessing than Him! Jesus used His life to bless us in the best way possible. He made a way for us to belong to God forever. (John 3:16) Anyone can receive this gift from God. Talk to a grown-up who loves Jesus or email us at hello@gemsonthego.org.

Jesus loves you! The words in the box tell some of the blessings Jesus gives us. Can you think of more?

FORGIVES WITH YOU	FRIEND UNDERSTAND	S	REJOICES	
	He	_ J	wh	nen we receive His love!
He is Savio	or and	_ E	! (John 15:15)	(Luke 15:7)
He		_ S		_ how you feel! (Hebrews 4:15)
He is always		U ! (N	Matthew 28:20)	
He		_ S ev	erything! (1 John 1:9	

BUTIDON'T FEEL BLESSED!

Maybe you look at something going on right now and think: If this is a blessing, no thanks!

Sometimes hard things happen. People get sick, schoolwork can feel impossible, and a friend may get the thing you want most. Tough stuff is tough. But you get to choose how you respond. Will you let it draw you closer to Jesus? Start here: When life hurts, remember what is true. Jesus loves you. He is your Helper, Hope, and Friend.

TAKE ACTION! CHOOSE A BLESSING PROJECT.

When you understand that you are blessed, you can be a blessing! That's been God's plan from the very beginning. He blesses us so that we will be a blessing to others! Complete one or more of the Blessing Projects below!

CHECK THE BLESSING PROJECT(S) YOU COMPLETED!

Look up! Bless God by thanking Him for your blessings. On the left-hand side of a sheet of paper, write A to Z from top to bottom. Then fill in each letter with a blessing. Here are the three examples to get you started! A: Air to breathe, B: Belly laughs, C: Children.
Download and color the Be A Blessing coloring sheet (bit.ly/BeaBlessingColoringSheet)! Post it somewhere in your home as a reminder to you and your family!
Speak blessings! Words of blessing make people stronger. Write an encouraging note or email to someone who is sick or sad, draw a picture and jot a cheerful message on your sidewalk with chalk, or send a fun video message of blessing to your friends and family.
Reach out! Bless others by helping in your favorite way. Maybe it's playing with babies and young children, baking cookies for a caregiver, listening to an elderly neighbor's stories, or crafting a get-well gift for someone in the hospital or at home.

You Are A Girl of Blessing!

When you're finished with your badge experience, share these three things with your grown-up!

- 1. Tell what you learned about being a blessing.
- 2. Show the completed badge activity sheet.
- 3. Share what Blessing Project you chose and why.

Great job!



Grown-up signature

Date

NOTE: To order a Be a Blessing badge, go to bit.ly/shopGEMSontheGo. It's a fun and meaningful way to celebrate your girl!

JUST FOR FUN! Take a picture with your completed Be a Blessing Badge Experience PDF and have your mom share it with **#GEMSOnTheGO**. Or email it to us at hellogemsonthego.org.

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