

BE KIND BINGO

Hold the door open for someone	Smile at people you walk past or give them a wave	Choose not to be annoyed when your sibling(s) bug you	Take care of a chore without having to be asked	Ask about someone's day and listen without interrupting
Let your friends choose what to do when you hang out	Make a little gift for your friends or neighbors	Leave kind notes in hidden places for your friends or family	Find a charity near you where you can volunteer or help out in some way	Donate clothes to thrift stores or churches
Ask "How can I help you?" and follow through with them	Help out a sick friend or family member	KINDNESS IS FREE SPACE	Do something unexpected and kind for someone	Send a card to someone who you haven't seen in a while
Stand up for someone and encourage them	Let someone cut ahead of you in line	Replace something when it runs out (like the toilet paper)	Give a compliment to someone	Share funny memes and videos with someone who needs a laugh
Offer to take pictures of a friend to make her feel special	Say you're sorry for something you did wrong	Give up your time to help someone else	Write a thank-you note for someone you want to thank	Help your friends achieve their goals

